

# ***BAD CASE***

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**Music: Bad case of lovin' you / Texas lighting**

Level: Intermediate 5 Intro 16 beats / 2 walls

Sequence : A B C A B C C C **A (17-32, 1-32 & Hold)** A B C

## **A**

### Heel/Toe Strut, Ball Press\* Combination

|       |                                 |    |
|-------|---------------------------------|----|
| 1-4   | Heel Strut Fw                   | LR |
| 5-6   | Side Ball Press / Step in place | LR |
| 7-10  | Heel Strut Fw                   | LR |
| 11-12 | Side Ball Press / Step in place | LR |
| 13-16 | Heel Strut Fw                   | LR |
| 17-20 | Toe Strut Bwd                   | LR |
| 21-22 | Side Ball Press / Step in place | LR |
| 23-26 | Toe Strut Bwd                   | LR |
| 27-28 | Side Ball Press / Step in place | LR |
| 29-32 | Toe Strut Bwd                   | LR |
| 33-64 | Repeat 1-32                     |    |

## **B**

### Stomp, Freeze / Head Isolation / Slow Hip Roll

|       |  |   |
|-------|--|---|
| 1     | Side Stomp Down 1/8 L (Turn head L, look Fw)                                 | L |
| 2-4   | Freeze   |   |
| 5     | Fast Weight Transfert 1/8 R on RF, seated position<br>(Turn head R look Bwd) | R |
| 6-8   | Freeze   |   |
| 9     | Bring back head L (Nothing else)   |   |
| 10-12 | Freeze   |   |
| 13-16 | Slow Hip Roll  |   |

## C

### Shuffle, Rock Step\*\*, Sugar Foot, Heel, Funky Walk Combination

|          |                                    |         |
|----------|------------------------------------|---------|
| 1&2      | Side Shuffle                       | LRL     |
| 3-4      | Rock Step Bwd                      | LR      |
| 5&6      | Side Shuffle                       | RLR     |
| 7-8      | Rock Step Bwd                      | LR      |
| 1&2 3&4  | Shuffle Fw                         | LRL RLR |
| 5-8      | Sugar Foot turning ½ L             | LRLR    |
| 1&2 3&4  | Shuffle Fw                         | LRL RLR |
| 5        | Heel Diag Fw                       | L       |
| 6        | Heel Diag Fw                       | r       |
| 7-8      | Step Diag Bwd In (ending together) | LR      |
| 1-4, 5-8 | Slow Funky Walk***                 | LR      |

#### **Ball Press:**

Created by Danny Leclerc for the Méga-Stage, Tours, France 2007.

Take a side step on the ball of the foot keeping 50% of the body weight on the other foot.

Body inclines about 20 to 30 degrees opposite the side foot.

A straight side body line is then made, from head to toe.

This is the opposite of a C-Shape.

\*\* May be replaced by Kick Ball Change Fw

\*\*\* May be replaced by Side, Together, Side, Tap.  
Left for 1,2,3,4 and Right for 5,6,7,8.

*Not that hard, listen to the music and you'll know the sequence,  
Have Fun,*

Danny from Quebec

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